

Final Entry Deadline for sports & Performing Arts:

**April 29**

SilverArts Deadline: May 22



**For More Information, Contact:**

**Julie Parker-Coordinator**

The Meeting Place

75 Carmel Ln.

Columbus, NC 28722

Phone: (828) 894-0001

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The Meeting Place

75 Carmel Ln.

Columbus, NC 28722

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# Polk County Senior Games & SilverArts

## General Information

Game Dates—April 29-May 31

See schedule of events on, page 12, for specific dates and times.

*This program is sanctioned by North Carolina Senior Games, Inc. NCSG is sponsored state wide by the North Carolina Division of Aging and Adult Services*

## Winning Never Gets Old!

North Carolina Senior Games (NCSG) began in 1983 with a vision to create a year-round health promotion and wellness education program for adults 55 years of age and better (the age is now 50+).

Today there are 52 local Senior Games locations that serve all 100 counties in North Carolina!

Come and see why thousands of senior adults participate across the state! Join Polk County Senior Games for Fun-Fitness-Family-Friend-Fellowship!

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### Eligibility Information

In order to participate in the Polk County Senior Games, you must:

- Reside in North Carolina for at least 3 months
- Be 50 years of age or better by December 31<sup>st</sup>, 2024

### Verification of Eligibility

Participants are required to bring a photo ID for check-in at ALL in-person events.

### Age Categories

Age categories are determined by the participant's age on December 31<sup>st</sup>, 2022. Men and women compete in separate categories in the following 5 year increments: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100 +

In doubles competitions, partners compete in the age category of the younger partner. Competition in the SilverArts will be based on sub-categories rather than age.

### Entry Instructions

- Complete and sign the entry form
- Complete the SilverArts information form (If you will be entering visual, heritage, or literary arts categories)
- For Performing Arts, each participant should fill out a separate SilverArts form per act or group.
- Return forms and payment no later than 3 pm on April 29 (May 22 for SilverArts) to:

**The Meeting Place**  
**75 Carmel Ln.**  
**Columbus, NC 28722**

# General Information Continued

## Registration Process

1. Be sure to complete the entry form and return by the deadline of April 29 (May 22 for Visual, Heritage, & Literary Arts) to this address:  
**The Meeting Place-Senior Center**  
**75 Carmel Ln.**  
**Columbus, NC 28722**
2. Please check-in at least 15 minutes prior to in-person event
3. **Very Important! Bring a photo ID to each event.**

## Rules

All events will be conducted in accordance with the 2024 edition of the North Carolina Senior Games, Inc. Official Rule Book. A copy of the official rules will be available at each event. The official rule book is also available online at [www.ncseniorgames.org](http://www.ncseniorgames.org)

## Fees

All fees are **NON-REFUNDABLE**

For 2024, paper-registration for Polk County Senior Games is \$10.

**\*Facility fees may apply and are the participant's responsibility. See pg. 4**

## In Case of Inclement Weather

The decision to continue, delay or reschedule an event due to inclement weather will be made by the Polk County Senior Games Coordinator and Events Director. Unless conditions are hazardous to the safety of volunteers and participants, events will continue. For the latest updates, contact Julie Jolley at 828-894-0001. Updates will also appear on the Polk County Senior Games Facebook page.

If an event must be rescheduled, it will be rescheduled for one of the following scheduled rain dates: May 28<sup>th</sup>-30<sup>th</sup>.

## Awards

**For athletic events**, an awards ceremony will be held at Polk County Senior Services-The Meeting Place at 6pm, May 31<sup>st</sup>. Gold, silver, and bronze pendants will be awarded to the 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place winners of each event.

**Medals and awards will also be available for pick-up at Polk County Senior Services-The Meeting Place: 75 Carmel Ln, Columbus, NC 28722.**

**For SilverArts**, 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place finishers in each sub-category will receive Blue, Red, and white ribbons. SilverArts winners will be announced via Facebook, during the Virtual SilverArts showcase on May 23<sup>rd</sup>, which will be posted at 6pm. There will be a SilverArts Showcase on Friday, May 24<sup>th</sup>, from 9:00am-11:30am, at The Meeting Place.

**Any awards not claimed by July 1, 2023, will be considered as a donation to Polk County Senior Games.**

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## State Finals Information



### Sport Events

This year, qualification requirements will return to pre-covid criteria. Participants will need to qualify 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> place in their sport, age, and gender category.

### SilverArts

- Heritage and Visual Arts 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup>, in each sub-category, qualify to advance to State Finals.
- Literary entries 1<sup>st</sup> and 2<sup>nd</sup>, qualify to advance to State Finals.
- Performing Arts—Best in Show winner qualifies to advance to State Finals.

It is the responsibility of the participant to check with the Polk County Senior Games Coordinator immediately following the Polk County Local Games to determine qualification for State Finals and to get the State Finals Entry Form.

**\* It is the participant's responsibility to ensure he/she is registered by the latest deadline of August 1<sup>st</sup>, 2024. Early bird Deadline must be received in the NCSG office in Raleigh by July 1<sup>st</sup>. No Exceptions! Travel costs and accommodations are the participant's responsibility.**



**\*\*T-shirts are not guaranteed if Registration is received after April 29, 3pm.**

### **Additional Fees**

***If completing paper registration, additional fees must be paid at the event venue on the day of the event.  
If completing registration online, fees must be paid online.***

- Bowling Events- \$5
- Mini Golf- \$9

### **Facility Locations**

**Stearns Gym**  
105 N Peak St, Columbus, NC 28722

**The Meeting Place**  
75 Carmel Ln, Columbus, NC 28722

**Hendersonville YMCA**  
810 W. 6<sup>th</sup> Ave  
Hendersonville, NC 28739

**Autumn Lanes**  
1766 College Ave  
Forest City, NC 28043

**Tryon Estates**  
617 Laurel Lake Dr., Columbus, NC 28722

**Polk County High School**  
1681 NC-108, Columbus, NC 28722

**Fireside Golf & Dine**  
485 Brookside Camp Rd  
Hendersonville, NC 28792

**Henderson County Activity Center**  
708 S Grove St.  
Hendersonville, NC



# Polk County Senior Games

## Entry Form 2024



### Would You Like To Register Online?

Simply visit [ncseniorgames.org](http://ncseniorgames.org) and create a Torch account!

*Polk County's Local Games is \$10, this year, and includes a 2024 t-shirt and entry into as many sports and SilverArts categories as you would like. If you cannot pay the \$10 fee, please call (828) 894-0001 and speak with Julie Parker.*

*\*\*T-shirt is NOT guaranteed if registration is received after April 29.*

#### OFFICE USE ONLY:

Date: \_\_\_\_\_

Staff: \_\_\_\_\_

Amount Paid: \_\_\_\_\_

**Before** you submit your entry form, please make sure you have:

1. Completed the ENTRY and MEDICAL INFORMATION FORMS. (**Please Print**)
2. Checked ALL of the activities in which you want to participate.
3. If you are a **Literary, Visual or Heritage Artist**, you must submit the required **SILVERARTS Information Form** with this Entry form by May 22, 2024. (**Performing Arts entry is due April 29**)

**\*\* IMPORTANT for Doubles and Mixed Doubles Events: you MUST include the name of your partner**

Name (Print) \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_ Phone: \_\_\_\_\_ Cell Phone \_\_\_\_\_

E-Mail Address (For Senior Games Communication Only): \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age \_\_\_\_\_

Gender (Please Circle):                      Female                      Male

Ethnicity (Optional):    American Indian or Alaska Native    Hispanic    White    Black or African American  
Asian    Native Hawaiian or Other Pacific Islander    Other

T-shirt Size (Please Circle):    S            M            L            XL            XXL            3XL            I don't want a shirt

County of Residence: \_\_\_\_\_

I have previously competed in Senior Games (Please Circle)                      YES                      NO

I would like to make a donation to Polk County Senior Games in the amount of \$ \_\_\_\_\_.

I would like to sponsor another senior's registration fee of \$10.

# Polk County Senior Games Entry Form 2024

Mark each event, in which you will be participating, with an "X". Complete ALL pages. Events marked with the "\$" sign, have an additional fee, which will be paid at the time of the event. See page 4

**Important: All Doubles and Mixed Doubles Events: Your partner's name MUST be written on your form and your name MUST be written on your partner's form.**

## Cycling

- |  |   |
|--|---|
| <input type="checkbox"/> 1Mile           | <input type="checkbox"/> 200 yard freestyle |
| <input type="checkbox"/> 5K              | <input type="checkbox"/> 200 yard IM        |
| <input type="checkbox"/> 10K             | <input type="checkbox"/> 400 yard IM        |
| <input type="checkbox"/> 1Mile Recumbent | <input type="checkbox"/> 500 yard IM        |
| <input type="checkbox"/> 5K Recumbent    |   |
| <input type="checkbox"/> 10K Recumbent   |   |

## Road Race

- 5k Powerwalking

## Track & Field

- 50 M Dash
- 100 M Dash
- 200 M Dash
- 400 M Dash
- 800 M Dash
- 1500 M Dash
- 1500 M Powerwalking
- SilverStriders Fun Walk
- Football Throw
- Softball Throw
- Basketball Shooting
- Discus
- Shot Put
- Standing Long Jump
- Running Long Jump

## Swimming

- 50 yard back
- 50 yard breast
- 50 yard Fly
- 50 yard Free
- 100 yard back
- 100 yard breast
- 100 yard fly
- 100 yard free
- 100 yard IM
- 200 yard back
- 200 yard breast

## Tournament Sports

- Billiards
- Bocce
- Cornhole
- Croquet
- Horseshoes
- Shuffleboard
- Pickleball
- Doubles/Partner's name \_\_\_\_\_
- Mixed Doubles/Partner's name \_\_\_\_\_
- Table Tennis
- Singles
- Bowling
- Singles \$
- Doubles \$/ Partner's name \_\_\_\_\_
- Mixed Doubles \$/ Partner's name \_\_\_\_\_
- Mini Golf \$
- Cheerleading

## SilverArts (Please complete and attach SilverArts Form)

- Visual Arts
- Heritage Arts
- Literary Arts
- Performing Arts
- Unsanctioned Arts

**Liability Waiver** (Required)

In consideration of being allowed to participate in any way in the 2024 Polk County Senior Games (PCSG) Athletic/Silver Arts program, as well as related events and activities, I the undersigned participant agree to:

- Indemnify, save and hold harmless, the PCSG or any of their agents or representatives for my health, safety, or any injury resulting from my participation in the games.
- Have prepared myself for the events which I have entered by practicing prior to the PCSG. To the best of my knowledge, I have no physical restrictions which would prohibit my participation in the games. PCSG has my permission to have a physician attend me if it is deemed necessary during my participation.
- Release and hold harmless the PCSG from any damage to/loss of my art entry. I certify that the art piece(s) I enter are my own work, were created after having reached the age of 50 and within the last two years, and are not manufactured in any sense of the word.
- I grant the PCSG the free and unrestricted right to use my name and picture in any broadcast, telecast or other written or photographic account of the PCSG without compensation.

"I understand that it is my responsibility to check with my Local Senior Games Coordinator immediately following my Local Senior Games to determine if I am qualified for State Finals and to get a State Finals Entry Packet. My State Finals Entry Form must be received in the NC Senior Games office in Raleigh, NC by 11:59 p.m. on August 1, 2024. I understand that this deadline is strictly enforced in fairness to all and it is my responsibility to make sure I am registered."

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**Participant Signature** **Date**

**Medical Form** (For your safety, but not required)

1. Health History: Check all that apply

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Kidney Problems    | <input type="checkbox"/> Low Blood Pressure | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Fainting/Dizziness | <input type="checkbox"/> Seizures           | <input type="checkbox"/> Bronchitis          |
| <input type="checkbox"/> Heart Problems     | <input type="checkbox"/> Diabetes           | <input type="checkbox"/> Arthritis           |

2. Allergic Reactions

Bee Stings                       Penicillin                       Other

3. List of medications that you are currently taking: \_\_\_\_\_  
\_\_\_\_\_

4. Emergency Contact:

Name: \_\_\_\_\_ Relationship to Participant: \_\_\_\_\_

Phone Number (Daytime): \_\_\_\_\_ Phone Number (Evening): \_\_\_\_\_

# Polk County Senior Games

## SilverArts Information Form 2024

Mark each art category, in which you will be participating, with an "X". Complete ALL pages.

### Heritage Arts

- Basket weaving
- Crocheting
- Jewelry
- Knitting
- Needlework
- Pottery
- Quilting (Hand stitched)
- Quilting (Machine Stitched)
- Stained Glass
- Tolepainting
- Weaving
- Woodcarving
- Wood turn
- Woodworking
- Basic Fiber Arts

### Literary Arts

- Essay
- Life Experience
- Poem
- Short Stories

### Performing Arts *(May 2<sup>nd</sup>, Hendersonville)*

- Comedy/Drama
- Dance
- Line Dance
- Instrumental
- Vocal

### Visual Arts

- Acrylics
- Drawing
- Mixed Media
- Oil
- Pastel
- Photography (digital)
- Photography (film)
- Digital Art
- Sculpture
- Watercolor

### Unsanctioned Category

- Miscellaneous

# SilverArts Entry Form 2024 Continued

*Please read ALL SilverArts information and rules before completing. SilverArts participants must complete this page and return with the entry form by May 22, 3:00 pm. Copy and complete additional pages as needed.*

## **Heritage Arts: include all information below. See Heritage Arts rules/guidelines**

Heritage Arts entry (ies) **MUST** be submitted by May 22, 3:00 pm.

Title: \_\_\_\_\_ Sub-Category: \_\_\_\_\_ Description \_\_\_\_\_

Weight \_\_\_\_\_ # of pieces in a set \_\_\_\_\_ Size \_\_\_\_\_

Title: \_\_\_\_\_ Sub-Category: \_\_\_\_\_ Description \_\_\_\_\_

Weight \_\_\_\_\_ # of pieces in a set \_\_\_\_\_ Size \_\_\_\_\_

Title: \_\_\_\_\_ Sub-Category: \_\_\_\_\_ Description \_\_\_\_\_

Weight \_\_\_\_\_ # of pieces in a set \_\_\_\_\_ Size \_\_\_\_\_

## **Literary Arts: include all information below. See Literary Arts rules/guidelines**

Literary Arts entry (ies) **MUST** be submitted by May 22, 3:00 pm

Title: \_\_\_\_\_ Sub-Category: \_\_\_\_\_ Description \_\_\_\_\_

Title: \_\_\_\_\_ Sub-Category: \_\_\_\_\_ Description \_\_\_\_\_

Title: \_\_\_\_\_ Sub-Category: \_\_\_\_\_ Description \_\_\_\_\_

## **Visual Arts: include all information below. See Visual Arts rules/guidelines.**

Visual arts entry (ies) **MUST** be submitted by May 22, 3:00 pm

Title: \_\_\_\_\_ Sub-Category: \_\_\_\_\_ Description \_\_\_\_\_

Weight \_\_\_\_\_ # of pieces in a set \_\_\_\_\_ Size \_\_\_\_\_

Title: \_\_\_\_\_ Sub-Category: \_\_\_\_\_ Description \_\_\_\_\_

Weight \_\_\_\_\_ # of pieces in a set \_\_\_\_\_ Size \_\_\_\_\_

Title: \_\_\_\_\_ Sub-Category: \_\_\_\_\_ Description \_\_\_\_\_

Weight \_\_\_\_\_ # of pieces in a set \_\_\_\_\_ Size \_\_\_\_\_

## **Unsanctioned Art Categories:**

Unsanctioned Arts entry (ies) **MUST** be submitted by May 22, 3pm.

**Unsanctioned Art categories will not be offered at State Finals.**

Title: \_\_\_\_\_ Sub-Category: \_\_\_\_\_ Description: \_\_\_\_\_

Title: \_\_\_\_\_ Sub-Category: \_\_\_\_\_ Description: \_\_\_\_\_

Title: \_\_\_\_\_ Sub-Category: \_\_\_\_\_ Description: \_\_\_\_\_

**Performing Arts: *Only the "Best in Show" will qualify to advance to State.***

Performing Arts Entries **MUST** be submitted by **April 29**. Show will take place on May 2.

**EACH** member of a group act must complete an entry form and pay the entry fee. All group leaders and solo performers must complete the information below. See performing arts guidelines.

**Name of act #1** \_\_\_\_\_ Music Title \_\_\_\_\_

Group Leader \_\_\_\_\_ Phone # \_\_\_\_\_

Sub-category \_\_\_\_\_ Length \_\_\_\_\_ min. \_\_\_\_\_ Sec. (to advance to state, act cannot exceed 3 minutes)

Total # in group (attach roster) \_\_\_\_\_ Size (Please circle one): Solo Small group (2-4)

large group (5+)

**Name of act #2** \_\_\_\_\_ Music Title \_\_\_\_\_

Group Leader \_\_\_\_\_ Phone # \_\_\_\_\_

Sub-category \_\_\_\_\_ Length \_\_\_\_\_ min. \_\_\_\_\_ Sec. (to advance to state, act cannot exceed 3 minutes)

Total # in group (attach roster) \_\_\_\_\_ Size (Please circle one): Solo Small group (2-4)

large group (5+)

**Name of act #3** \_\_\_\_\_ Music Title \_\_\_\_\_

Group Leader \_\_\_\_\_ Phone # \_\_\_\_\_

Sub-category \_\_\_\_\_ Length \_\_\_\_\_ min. \_\_\_\_\_ Sec. (to advance to state, act cannot exceed 3 minutes)

Total # in group (attach roster) \_\_\_\_\_ Size (Please circle one): Solo Small group (2-4)

large group (5+)

*Use the space below for any additional entries*



## Specific Category Requirements for SilverArts

See *SilverArts* Guidelines for general requirements.

### A. Heritage Arts

- Entries must be the work of the individual and not a group.
- Heritage Art entries must be an original work. Patterns may be used, but no stamped pieces will be accepted.
- Pottery must be hand built or thrown.
- Entries from ceramic molds will not be accepted.
- All framed entries must be securely wired, ready to be hung (no serrated hooks or string). Two-dimensional work not properly framed and wired will not be displayed.
- Framed entries can be no larger than 36" x 42", including matting and frame.
- Entries can be no heavier than 50 pounds.
- All entries, except framed work, must be able to be displayed in an area 3'(W) x 3'(L) x 5' (Height).
- Groupings (sets) shall have no more than 3 separate pieces per set. All objects within each piece of the set must be contained within or attached to one of the 3 pieces of the set.
- Artist's name and title of entry must appear on, or be attached to, entry for identification.
- Artist must send a photo of entry with *State Finals Entry Form* and *SilverArts Information Form*. Photos cannot be returned.
- Artists, or their representatives, are responsible to deliver and pick-up their entry at/during the designated times.
- The heritage arts entry entered at State Finals must be the same entry that won at the Local Games.
- An artist may only submit one (1) entry per sub-category at State Finals.

### B. Visual Arts

- All artwork, except sculpture, must be framed (or gallery wrapped), securely wired, and ready to be hung (no serrated hooks or string). Artwork, except sculpture, not properly wired will not be displayed.
- Artwork, except sculpture, can be no larger than 36" x 42", including matting and frame.
- Entries can be no heavier than 50 pounds.
- Sculpture groupings (sets) may have no more than 3 pieces per grouping (set).
- Mixed media may be a freestanding piece.
- Photography Film or Digital - determined by the medium on which the image is recorded.
- Freestanding entries must be able to be displayed in an area 3' (W) x 3' (L) x 5' (height).
- Artists, or their representatives, are responsible to deliver and pick-up their entry at/during the designated times.
- If on-site assembly is required, details must be specified on the Information Form for NCSG prior approval.
- The art piece must be an original work, not a print.
- Artist's name and title of entry must appear on, or be attached to, entry for identification.
- Artist must send a photograph of entry with *State Finals Entry Form* and *SilverArts Information Form*. Photos cannot be returned.
- The visual arts entry entered at State Finals must be the same entry that won at the Local Games.
- An artist may only submit one (1) entry per sub-category at State Finals.

### C. Literary Arts

- All entries must be typed, double-spaced, on 8-1/2 x 11 paper and have a minimum of 1" margins. A minimum font size is 10-pt type (preferably "times new roman or arial").
- Poems can be no longer than 40 lines.
- Short stories, essays, and life experiences can be no longer than 8 pages.
- All entries must have a title page, which includes title of entry, sub-category, and name of artist.
- Artist's name must not appear on the content pages.
- A display-quality copy of the winning Literary Arts entries, and two (2) additional copies, should be submitted to NCSG by the artist with their official State Finals Entry Form and SilverArts Information Form. No framed or matted entries will be accepted.
- The original and all copies will be retained by NCSG.
- The literary arts entry entered at State Finals must be the same entry that won at the Local Games.
- An artist may only submit one (1) entry per sub-category at State Finals.

### D. Performing Arts

- An artist may only have one (1) entry per size of act in each sub-category.
- Performing entries are limited to three (3) minutes of on-stage time. Exceeding the time limit will result in automatic disqualification. Timing is the performer's responsibility and begins with the first note of music or the first movement visible to the audience and ends with the final note of music or movement of the act.
- Performing entries may be one of the following: (a) soloists, (b) small groups (2 - 4 performers), or (c) large groups (5 or more performers). Accompanist(s) will not be counted to determine size of act, but no one under age 50 as of Dec. 31<sup>st</sup> will be permitted on stage and an accompanist *must* be a registered participant.
- All performers for all acts must enter stage right and exit stage left or begin and end on the stage. See the SilverArts Manual for a stage diagram.
- If recorded music is used, it must be an mp3 file (submitted electronically or on a flash drive) or a high-quality CD. Music must be sent with the State Finals Entry Form and SilverArts Information Form. No recorded instruction is permitted. This should be the only track on the CD/flash drive or electronic file. Music may be picked up following the performance. It cannot be mailed/returned.
- At State Finals, NCSG can provide the following items: chairs, microphone(s), piano and sound system. The act is responsible for all other props and equipment and must get NCSG advance approval for use at Show. Props must be small, few, light-weight and easy to set up quickly.
- Voice presentations must be a *live* performance by the artist. Background music can be recorded. Lip-synch is not permitted in any vocal category.
- The Group Leader, who must be a participant, must complete the *SilverArts Information Form* for the group and submit it with their *State Finals Entry Form* and each member of the group must submit their own personal *State Finals Entry Form* by the August 1st deadline.
- The performance at State Finals **must be the same performance** that won at the Local Games; i.e. same song, dance, music, etc.

No live animals are allowed, except for service animals

# 2024 Schedule of Events

*Dates, times, & locations are subject to change*

Performing Arts Show	May 2, 5:00pm	Henderson County Activities Center
Opening Ceremonies, Funwalk, Basketball Shoot, Softball Throw, & Football Throw	May 3, 1:00pm	Stearns Park
Swimming Events	May 5, 10:00am	Hendersonville YMCA
Table Tennis	May 6, 1:00pm	The Meeting Place
Billiards	May 8, 1:00pm	The Meeting Place
Mini Golf	May 10, 1:00pm	Fireside Golf & Dine
Track Events	May 11, 9:00am	Polk County High School
Shot Put & Discus	May 11, 9:30am	Polk County High School
Long Jump Events	May 11, 9:45am	Polk County High School
Cycling	May 11, 10:30am	Polk County High School
Pickleball Events	May 11, 12:30pm	Stearns Gym
Bocce Ball	May 15, 9:30am	Tryon Estates
Shuffleboard	May 15, 2:00pm	Tryon Estates
Bowling	May 17, 10:30am	Autumn Lanes
Cornhole	May 17, 5:30pm	Stearns Gym
Horseshoes	May 20, 2:00pm	The Meeting Place
Croquet	May 22, 9:00am	The Meeting Place
SilverArts Drop-off Dates	May 20-22, 8am-3pm	The Meeting Place
SilverArts Showcase	May 24, 9am-11:30am	The Meeting Place
Rain Dates	May 28-20	TBD
Closing Ceremonies	May 31, 6:00pm	The Meeting Place

# 2023 Special Events

*Dates, Times, & Locations are Subject to Change*

## Opening Ceremony

Friday, May 3, 1pm-3pm  
Stearns Park

Join us as we kick off our 2024 Games! Bring your friends and families to this fun, free event. Our torch ceremony will be held at 1pm, followed by the 2024 Funwalk. We will also have non-competitive cornhole and lawn games, as well as light snacks.

## Drop-in SilverArts Showcase

Friday, May 24, 9am-11:30am  
Polk County Senior Services- The Meeting Place

All SilverArts entries will be on display in the small dining room of The Meeting Place- Polk County Senior Services, from 9am-11:30am. Drop in, enjoy the artwork, and some light refreshments. Winners and photos of artwork will be posted on our Facebook page on May 23<sup>rd</sup> at 6pm.

## Closing Banquet

Friday, May 31, 5pm  
Polk County Senior Services-The Meeting Place

Join us in celebrating the conclusion of our 2024 Local Games. The theme for this year's banquet will be a Sock Hop! Feel free to dress up, if you'd like! We will announce the 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> place winners in all sports and SilverArts events. A delicious meal will be served. Bring your friends and family! Participants are free. There is a \$10 fee for guests.

## 2024 State Finals

Raleigh/Cary North Carolina

See Insert Flyer for Details! You can find more information about State Finals by visiting [www.ncseniorgames.org](http://www.ncseniorgames.org) or by calling the NCSG office at 919-851-5456.

**Early Registration is to be received by 11:59pm on July 1<sup>st</sup>, 2024 and Final Registration must be received by 11:59pm on August 1<sup>st</sup>.**

**Thank you to our sponsors!**

## Platinum Sponsors



## Gold Sponsors



## Silver Sponsors



Jay Geddings, Taylor Jones, Stephanie Winterrowd

## Coordinating Agencies

**Polk County Senior Services-The Meeting Place**

**Polk County Parks & Recreation**

**Polk County Health & Wellness Coalition**

*This program is sanctioned by North Carolina Senior Games, Inc. NCSG is sponsored state wide by the North Carolina Division of Aging and Adult Services*